

Athletic Handbook
Germantown SD 60
2009-10

Rev./Adopted 8.12.09

Germantown Elementary School Mission Statement

*It is the mission of Germantown Elementary
to “educate all children to the best of
their abilities through the cooperation of
school, home and community.”*

Athletics

These two statements must serve as guiding principles in the operation of our school's athletic program.

With this in mind, the athletic program at Germantown Elementary must be an extension of our students' academic experiences. It is essential to stress the acquisition of the physical skills necessary to compete successfully. It is equally essential to introduce the effective components of competition, including good sportsmanship, teamwork, cooperation, and dedication to a cause.

This handbook is reviewed annually and approved by the board of education.

Germantown Elementary School Athletic Handbook

Welcome to all students and parents who choose to participate in athletics. Our school strives to provide a safe and meaningful experience for children to compete in athletic competition. All student participation is voluntary. The school employs coaches and expects parents to be supportive of school programs, staff and rules to ensure a positive experience for children. Students participating in athletic programs are expected to follow the guidelines set forth in this handbook.

Student Athletic Activities

The following sports are offered to students: Boys/Girls Basketball, Girls Volleyball, Boys/Girls Track, and Cheerleading.

SIJHSAA Rules

Germantown SD 60 student/athletes and the programs in which they participate are governed by rules of the Southern Illinois Junior High School Activity Association. No jewelry may be worn at practices or games. Hair should be pulled back from the face for safety reasons. T-shirt worn under uniforms must match the uniform color, e.g., red uniform/red t-shirt.

Coaches must be present at all practices and events.

Eligibility

Students' grades will be checked every two weeks on the first Friday after the first full week of practice for each sport. Students shall maintain a 76% or higher average in each subject area with no failing grades from any class in order to be eligible to participate in extra-curricular activities. Each subject area must have a minimum of four grades for the grading period checked. A student not meeting the above requirements will be initially ineligible for a period of two weeks and may not participate in athletic contests during the period of ineligibility. Notification will be given in the form of a letter mailed to the parent/guardian. After the initial two-week period, the student's academic progress will be re-evaluated. If the student still has not met the above requirement for eligibility, an additional two-week suspension from all extra-curricular activities will take place. A third suspension for academic ineligibility will result in suspension from the team for the remainder of that season. An ineligible student may practice but may not dress or participate in the contests while ineligible.

Statement of Physical Examination

Students who intend to participate in athletics are required to undergo annual health examinations prior to participation and file current copies with the school office. Medical examination forms may be obtained from the school office.

- Participation includes practices and events.
- Sixth grade participants do not need to have an athletic examination separate from the physical examination required by the state of Illinois prior to the beginning of the school year.

Student insurance is provided by the school during the regular instructional day. Students must show proof of insurance provided by parents for all extra-curricular activities. Parents may purchase additional coverage through the school provider to cover athletic participation.

Attendance

A student who is absent and has not returned to complete the second half of the school day (last 150 minutes of instructional time) may not participate in extracurricular activities on that date. Exceptions to this rule are school related activities, doctor or dentist appointments (with note), funerals (parent note), and other reasons approved by the Superintendent or designee.

Coach's Expectations

At the beginning of each season, coaches will set forth their expectations and rules for students to participate. Coaches have the final decision on matters relating to student participation. Appeals may be made to the Athletic Director; and further to the Superintendent of the School.

All coaches will conduct practice sessions in such a manner that all participants have an opportunity to improve fundamentals of that sport.

No child from the 5th or 6th grade shall participate at the varsity/junior varsity level, i.e., 7th or 8th grade, without the permission of the Athletic Director and Supt/Principal of Germantown Elementary. A sixth grade student/athlete may participate on the JV/V team if additional athletes are needed to fill the roster subject to SIJHSAA rules. The focus of the 5th-6th grade (midget) level is individual skill development. The focus of 7th-8th grade level sports is team development. Coaches may make cuts in consultation with the Athletic Director and Superintendent.

Responsible Use of School Uniforms and Equipment

Students are responsible for the care of school uniforms and equipment issued by coaches. Uniforms may be collected at the completion of each athletic event for cleaning. Students are not to wash or clean uniforms on an individual basis.

All student athletes are expected to dress in an approved manner (coach, athletic director, administration) prior to and after the game. Volleyball and basketball uniforms should not be worn to games. Cheerleading and track uniforms may be worn at the coach's discretion.

If a uniform is lost, stolen, or damaged, the player is responsible for its replacement at his/her own expense.

School Rules

All participants are expected to read and sign the verification form which indicates that the school rules stated in the Student/Parent Handbook have been reviewed. Parents are expected to attend organizational meetings prior to their child's participation in a particular sport.

Transportation

All participants shall be transported to and from the athletic events by means of district-provided vehicles unless an athlete's parent/guardian requests permission by means of the Alternative Transportation Request and Waiver Form which can be obtained from the coach or school office.

Emergency Treatment

If in our opinion the injury or illness is serious, 9-1-1 or emergency personnel will be contacted immediately; then, the school will attempt to contact the parents/guardians. If they are not available, the school will attempt to contact the doctor listed on the Emergency Medical Procedure Card. These cards are updated annually. It is of the utmost importance that the information on these cards is complete (phone numbers, etc.) and then signed by **both parents/guardians. No child will be denied emergency medical treatment as recommended by the attending physician.**

Practice and Event Attendance

Attendance at all practices and events is mandatory. Athletes must notify coaches prior to noon of the affected day if they will not be able to attend a practice or event. Disciplinary actions will be taken according to coaches expectations which will be given to the athletes prior to the beginning of the season. Student/Athletes are encouraged, but not required, to participate in Open Gym activities. Failure to participate in Open Gym will not result in the coach assigning a consequence.

Any athlete with an unexcused absence from practice will be benched for no less than one game.

Equipment to be Purchased by Athlete

All equipment and apparel must be approved by the coach, athletic director and the administration and be consistent among all players.

Volleyball: shoes and knee pads

Basketball: shoes

Track: shoes

Cheerleading: shoes, socks, bodysuit and tights

2009-2010 Athletic Handbook Agreement

I have read this handbook and agree to abide by the coaches expectations and the guidelines set forth in this handbook.

_____ Athlete's Signature

_____ Parent/Guardian Signature

_____ Parent/Guardian Signature